

# Walsall Virtual School **Attachment Aware Trauma Informed Practitioner Status**



Walsall Council



**As part of our Attachment Aware Schools Project, we are excited to offer practitioner training to strengthen skills and knowledge, to support adults working with children and young people who have experienced trauma, neglect or loss.**

This is a three-day practical course which is suited to professionals who are working with children, young people and families and want to develop skills and knowledge to provide a 'safe haven'. This course is tailored to individuals who work daily alongside and with children or young people, to strengthen inclusion, equity, and wellbeing in learning settings. It has been designed for designated teachers, staff who have been involved in the Walsall Attachment Aware Schools Project, ELSA trained staff, teaching assistants, mentors, coaches, teachers and others who have or want to focus on relationships, pedagogy, and theory, with practical strategies.

## Course Values

The course values that are embedded in our practices for self and others are:

- Inclusion and Safety
- Wellbeing and comfort
- Relationships and Connection
- Respect and Responsibility
- Compassion and Kindness
- Equity and Fairness
- Community and Collaboration
- Trust and Integrity
- Personal Growth and development
- Unique Individuals

## Entry Requirements

The long term and main aim of the course is to provide participants with awareness, knowledge, and skills to gain approved accreditation to practice as an Attachment Aware and Trauma Informed Practitioner. The aim is also to provide practical resources and strategies for you to use to support children and young people in school. As such the only entry requirements are:

- A commitment from the setting for staff to attend each day of the course.
- Each setting to work with at least two young people through the course.
- A commitment to complete reading, self-reflection and self-study.
- A written or verbal application from each applicant before the closing date to state why they would like to complete the accredited course.

## Course Content

This is a broad overview of some of the content. There will be more detailed content that can be provided if you decide to enrol on the course. The course will focus three one-day modules.

### Module 1: Introduction to Adversity and Resilience.

Content: Understanding the impact of living with Trauma, Abuse, Violence and Neglect

- Introduction to Trauma, Abuse, Violence and Neglect
- Systems that Create Connection and Harmony instead of shame and consequence
- Trauma Sensitive Environments
- Strength Based Profiles

### Module 2: Introduction to Pedagogy and Learning Environments.

Content: Teaching and Learning

- Developmental Trauma and Pedagogy
- The Nervous System and Protective Survival Responses
- Truncated Response
- Sensory Processing
- Developing Teaching and Learning Profiles

### Module 3: An Introduction to Love and Loss.

Content: Understanding and knowing more about Love and Loss

- Attachment and Loss
- Change, Turbulence and Peace
- Wellbeing Inclusion Creativity
- Keeping Strong
- Introduction to relationships
- Basic awareness of intersubjectivity and PACE

## Core Knowledge and Learning

**To develop** and increase knowledge and understanding about Trauma, Abuse, Violence and Neglect

**To develop** and increase knowledge and understanding about Trauma Sensitive Environments.

**To develop** and increase knowledge and understanding about systems creating Connection and Harmony instead of shame and consequence.

**To develop** and increase knowledge and understanding about Strength Based Profiles.

**To develop** and increase knowledge and understanding about Developmental Trauma and Pedagogy.

**To develop** and increase knowledge and understanding about The Nervous System and Protective Survival Responses.

**To develop** and increase knowledge and understanding about The Truncated Response.

**To develop** and increase knowledge and understanding about Sensory Processing.

**To develop** and increase knowledge and understanding about Developing Teaching and Learning Profiles.

**To develop** and increase knowledge and understanding about Attachment and Loss.

**To develop** and increase knowledge and understanding about Change, Turbulence and Peace.

**To develop** and increase knowledge and understanding about Wellbeing Inclusion Creativity.

**To develop** and increase knowledge and understanding about keeping Strong.



## Core Skills and Practical Objectives

CO1.	To learn how to develop individual inclusion and wellbeing plans for at least one young person.
CO2.	To learn how to develop individual person specific targets for at least one young person.
CO3.	To develop knowledge and skills to produce a personal profile for at least one young person.
CO4.	To learn how to explore the education journey of at least one young person.

## Course Structure

The course structure comprises various activities of Continuing Professional Development totalling 30 hours.

- 3 days of in person training. This equates to 21 hours of Formal Activity.
- 9 hours in total comprising a mixture of Self-directed Learning and Work Based Self-Reflective Practice including a commitment to complete reading, work-based activity, self-reflection and self-study.

**Dates:** Day 1: 02/10/2024, Day 2: 05/02/2025, Day 3: 07/05/2025

Each day will be in-person and run between 9.00am to 4.30pm. Regular refreshments breaks and lunch time will be incorporated within the time.

**Venue:** A Walsall based centre

## Contact

If you are interested in completing the course or would like further information, please contact Walsall Virtual School at [walsalvirtualschool@walsall.gov.uk](mailto:walsalvirtualschool@walsall.gov.uk)

### Virtual School

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